

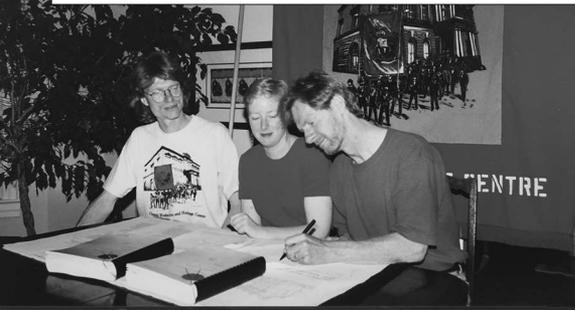
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**SAM 25**  
NOVEMBER 6 - 30



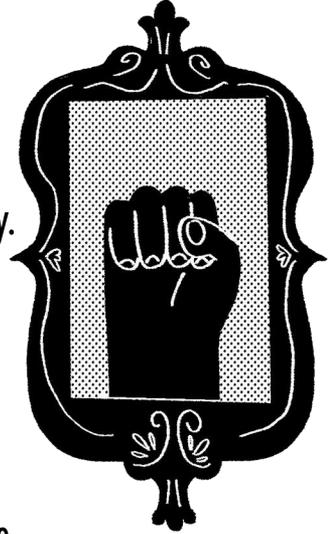
Working and celebrating together for 25 years!



# Welcome to SAM 25!

Like everything this year, we are doing the annual Sam Lawrence Dinner a little differently! Sadly, we can't gather as we usually do. Instead, we're bringing you a virtual celebration and fundraiser, one that lives online and encourages us to connect with each other from a safe distance.

This year also marks WAHC's 25th anniversary! 25 years of reflecting labour culture and history and telling the many stories of all workers, historically and contemporarily. We are proud of the many things we have achieved in 25 years, and also acknowledge the many contributors, supporters, allies and champions that have made all of this possible.



During the month of November, join us and take part in the Sam 25 activities. If you can, we hope you'll also make a financial contribution to continuing the important work of WAHC for another 25 years! Or pick up some new merch we had especially commissioned from artists for our 25th anniversary – tote bags and postcards reflecting WAHC's values of solidarity, dignity and equity.

It is not possible to reach this milestone without a massive collaborative effort from many visionary people. We stand on their shoulders, and carry the legacy of what they built into the future.

In solidarity,

Florencia Berinstein  
Executive Director



# WAHC gratefully acknowledges the support of our sponsors

## Visionary Partners

# CUPE·SCFP



## Legacy Partners



## Community Partners

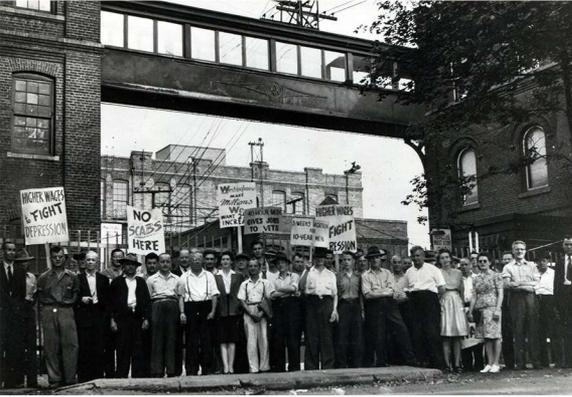


## Distinguished Friends



# Spaghetti & the Strike of 1946

The great strike of 1946 is a key moment in both Hamilton history and industrial unionism in Canada. In July 1946, thousands of Stelco steelworkers defied a government order and joined tire workers and electrical workers from nearby plants in massive strike for higher wages, a forty-hour work week, and recognition of the dues owed to their union, United Steelworkers Local 1005.



**Stelco workers joined tire workers at the Firestone plant and electrical workers at Westinghouse (pictured here) who were already on strike.**

Hamilton's mayor in 1946 was Sam Lawrence. Declaring himself "a union man first, and a chief magistrate second", Lawrence led 10,000 workers through the streets of Hamilton in the early days of the strike. He also used his influence as a member of the Hamilton Police Commission to block a call for extra police at the picket line.

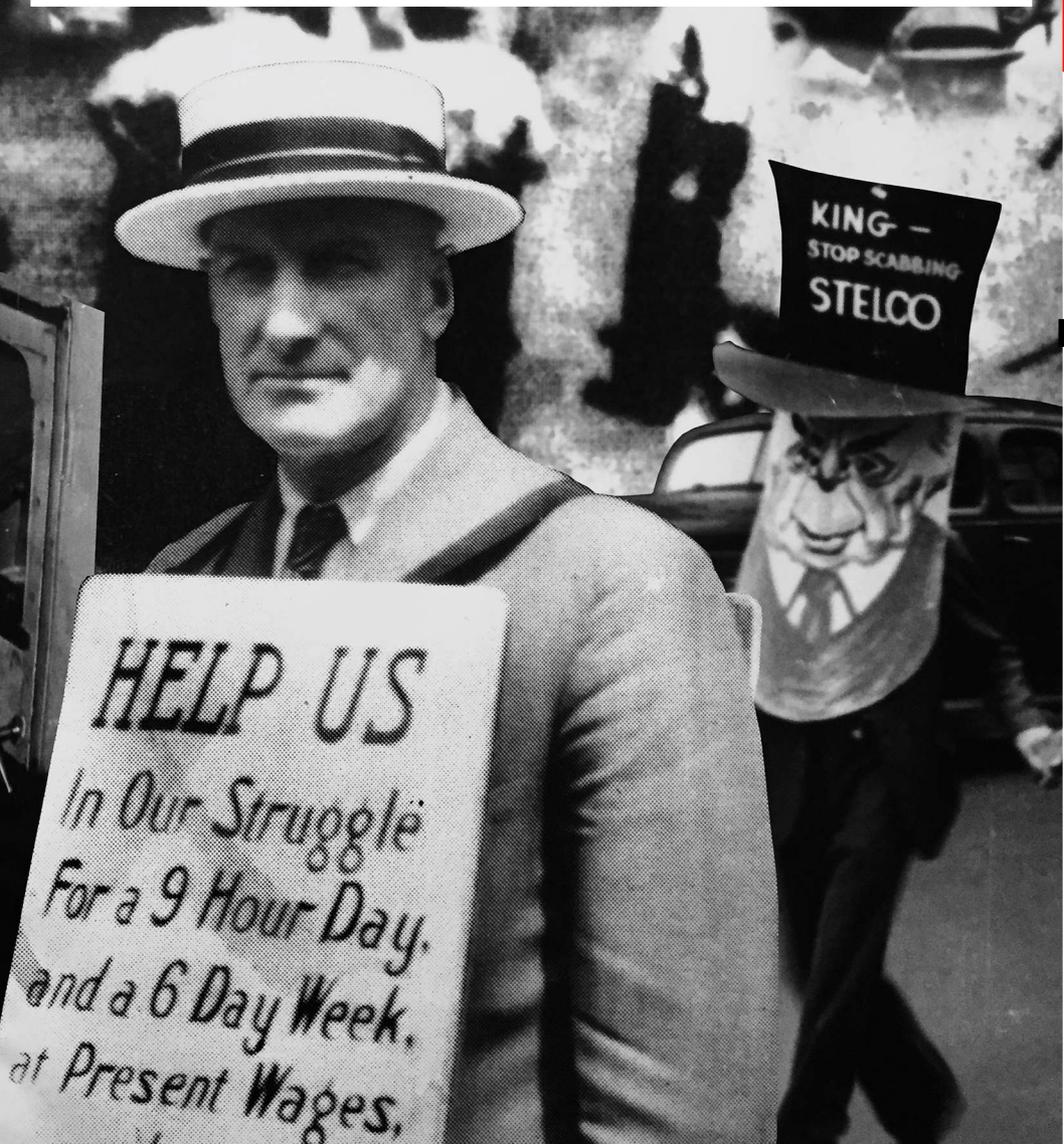
**Community support for the strikers was a key element for their success. Many unions donated money and local women fed thousands of hungry workers with giant spaghetti dinners.**



With the help of their community, the steelworkers emerged victorious. 81 days later, USW Local 1005 signed a new contract. The strike signalled a new era for industrial unionism in Canada and became a model for collective action for generations.

**"We pledge ourselves to labor unitedly for the principles herein set forth, to perpetuate our union and work concertedly with other labor organizations to bring about a higher standard of living of the workers."**

- Preamble of the Electrical, Radio, and Machine Workers' Collective Agreement, 1946



# LabourStart

LabourStart is the global labour movement's news and campaigns service, and much more.

We are a global network of 700 volunteers who collect union news for our website in 36 languages. 150,000 trade unionists have signed-up to our mailing list so that they can participate in our online solidarity actions. All of LabourStart's services are free.

**[www.labourstart.org/canada](http://www.labourstart.org/canada)**



**@LabourStartCanE**  
**@LabourStartCanF**

**Working class Hamiltonians bring the sauce.**



**Social distancing cannot stop solidarity.**

**We raise a fork of spooled noodles in a clenched fist for the WAHC & SAM 25!**





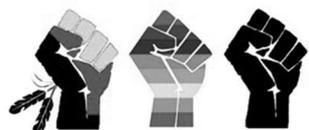
**ETFO** is proud to support and celebrate the Workers' Arts and Heritage Centre. We thank you for your ongoing contributions to share the stories of workers and our collective struggles.

Our union of 83,000 public elementary teachers and educators in Ontario is committed to mobilizing for equity and social justice in our communities, defending workers' rights and protecting public services.

Join us to protect public education and be a champion for students!  
 Visit [BuildingBetterSchools.ca](http://BuildingBetterSchools.ca)



Elementary Teachers' Federation of Ontario



John C. Munro

**HAMILTON**  
 INTERNATIONAL AIRPORT  
 Fire, Maintenance & Security



**Hamilton**

**City Unit**

Inside Workgroup  
 Outside Workgroup

**Lodge Unit**

Macassa Workgroup  
 Wentworth Workgroup



Women Services Workgroup  
 Family Centre Workgroup



Accessible Transit Operators Workgroup  
 Logistic Specialists Workgroup



[www.cupe5167.org](http://www.cupe5167.org)



# COURAGE. COMPASSION. COMMITMENT. CUPE.

[cupe.ca](http://cupe.ca)

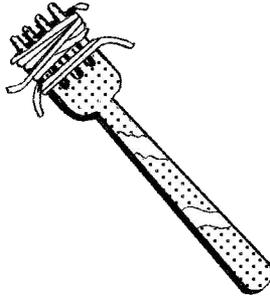
CUPE's 700,000 members are on the front lines to keep our communities strong and safe during these unprecedented times.



# Denise's Spicy Spaghetti Sauce

From Stephanie Ross

Makes a lot, so use a large pot or dutch oven



**2 lbs ground beef OR equivalent**

**in Yves' Veggie Ground Round**

**1-2T olive oil, if not using beef**

**2 stalks celery, diced**

**1 bell pepper, diced**

**1 medium onion, diced**

**6 cloves garlic, minced**

**2 lbs mushrooms, sliced**

**1 28oz can diced tomatoes, with liquid**

**2 5oz cans tomato paste**

**1 8oz can tomato sauce**

**1 bottle Heinz chili sauce + 1 bottle's worth of water**

**3 bay leaves**

**3 whole dried chili peppers**

**2t dried basil**

**2t dried oregano**

**2t dried thyme**

**1t salt**

**2t black pepper**

**2T chili powder**

**3 drops Tabasco sauce**

**3t. Worcestershire sauce**

**3T HP Sauce**

### **For meat-based version:**

1. Fry beef in the pot until cooked, then remove.

Reserve some fat for the next step.

2. Sauté onion, then add celery, garlic and peppers, lightly seasoning with salt with each addition of vegetables.

Add mushrooms, season, and sauté until vegetables are starting to soften.

3. Return beef to the pot, then add all remaining ingredients. Stir and simmer until flavours are melded (an hour is not unheard of, but longer is even better).

### **For veggie ground round version:**

1. Heat olive oil in pan, then add onions, season with salt, and sauté. Add celery, garlic and peppers, lightly seasoning with salt with each addition of vegetables. Add mushrooms, season, and sauté until vegetables are starting to soften.

2. Add veggie ground round and mix until evenly distributed amongst the vegetables.

3. Add all remaining ingredients. Stir and simmer until flavours are melded (an hour is not unheard of, but longer is even better).

*My family has always loved spaghetti. Although we are Acadians, descended from French, Scottish and Irish settlers, we were known for eating spaghetti so much that my childhood friends used to ask if we were Italian. While I'm sure there is nothing authentically Italian about this recipe, it is a treasured memory.*

*My mother probably got it from another nurse she worked with in the Operating Room, where recipes were always traded at break time. My mom will serve this with homemade dinner rolls, making it into quite the carb fest.*

*As it should be.*

*Thank you for preserving the culture  
and history of all working people.*



From the Executive Board, Officers and Staff

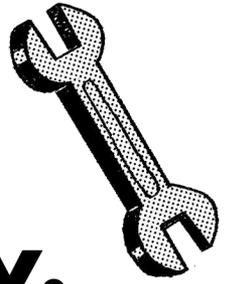
Patrick Dillon, Business Manager

James Hogarth, President



**PSAC joins the Workers Arts and Heritage Centre  
in celebrating workers' history and culture**

# Hamilton has always been a workers' city.



[www.workerscity.ca](http://www.workerscity.ca)



**Explore their stories.**

# MUSIC FOR THE MEAL

Tune in while you eat spaghetti or just listen



**Sing along to a mix of banjos, bread and roses. Think Joe Hill, Woody Guthrie, & your favourite union tunes.**

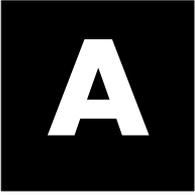


**Scream down the establishment with this 80-90s punk mix. Think Bikini Kill, Mecca Normal, & The Ramones.**



# AL & THE RESISTANCE

listen along and be inspired to change.



**This playlist is a funky mix of classic resistance anthems and a celebration of Black liberation. Think Nina Simone meets Public Enemy.**



**This singer-songwriter mix is all about soft power. Think First Aid Kit, The Killers, & The Decemberists.**



OSSTF/FEESO continues to promote safety for all workers and we congratulate the WAHC for 25 years of preserving, honouring and promoting the culture and history of all working people.

# SAFETY for ALL



**Ontario Secondary School Teachers' Federation**

**Fédération des enseignantes-enseignants  
des écoles secondaires de l'Ontario**

49 Mobile Drive, Toronto, Ontario M4A 1H5

# Spirit of 1946 Word Search

G L K A M B I E F A V U T H E W H I S P E R R I S  
M U I X T A C E N A O I K N D S U N T F X W A O O  
F A P D D R A H U J E C I N O S P P O N C N D C H  
D F E N J D U N R Q U L X U R E D M P Q X R E O Y  
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H H M C P O N G L A T M S P A Y J N Z T B L F L B  
O N B R X X I A O D H P J G I J W D H O Y C R L V  
D O E V R V X G B S Y I R C U P Z B M I J P W O Q

**Workers' Rights**  
**Health and Safety**  
**Collective Action**  
**Community Support**  
**Electrical Workers**

**Strike**  
**Unions**  
**Fair Pay**  
**Hamilton**  
**Spaghetti**

**Picket Line**  
**The Whisper**  
**Sam Lawrence**  
**Tire Workers**  
**Steel Workers**

# **Florenzia's Meatballs Recipe**

From Florenzia Berinstein

These make about 10 servings and  
go great with a marinara sauce.



**2 cups (5.2 oz) fresh bread crumbs**  
**3/4 cup whole milk, (more if needed)**  
**2/3 lb ground veal**  
**1.66 lbs ground beef,**  
**1.66 lbs ground pork**  
**2 large eggs**  
**1/2 cup finely minced yellow onion**  
**2 garlic cloves, minced (2 tsp)**  
**2 Tbsp finely chopped fresh basil**  
**2 Tbsp finely chopped fresh parsley**  
**1 Tbsp finely chopped fresh oregano**  
**1 cup finely shredded Parmesan cheese**  
**Salt and freshly ground black pepper**

### **Instructions:**

1. In a large mixing bowl stir together bread crumbs and milk while adding more milk 1 Tbsp at a time to moisten bread fully. Let rest while you prep ingredients (or at least 5 minutes).
2. To breadcrumb mixture add ground meat, eggs, onion, garlic, basil, parsley, oregano, parmesan and season over top of ingredients evenly with salt and pepper.
3. Gently toss mixture and break meat up with fingertips until ingredients are evenly mixed.
4. Shape mixture with greased hands into even size meatballs, about 1 1/4-inches each (or about 38 g per meatball).

### **Bake:**

1. Preheat oven to 400 degrees before you begin preparing meatballs.
2. Brush two baking sheets well with olive oil.
3. Place formed meatballs on baking sheets, fitting about 20 per each and spacing evenly apart.  
Bake in upper and lower third of oven 10 minutes.
4. Remove and turn meatballs if browned already on bottom (use a thin metal spatula to scrape from baking sheet).  
Transfer pans to opposite racks and bake until cooked through, about 8 - 12 minutes longer (should register 165 degrees in center of meatballs).
5. Stir into warmed marinara sauce.  
Simmer on low heat if desired for even more tender meatballs (about 10 - 20 minutes, toss occasionally gently).



# CHECK OUT WAHC'S NEW DIGITAL CATALOGUE OF BUTTONS FROM OUR COLLECTION!





# BUTTON UP!

Pinback Buttons and Social Movements

In tandem with the launch of our catalogue, come to the Custom House and browse a selection of over 500 pinback buttons from WAHC's permanent collection currently on display in WAHC's new exhibition *Button Up!* now open in the Community Gallery.

**Share #ButtonStories from our button collection or yours on social media!**

**Don't forget to use the hashtag #ButtonStories and to tag WAHC!**





**Hamilton Wentworth Elementary Teachers' Local**

**REACHING FOR THE TOP IN PUBLIC EDUCATION!**

A BETTER LIFE FOR WORKING FAMILIES



**United Food &  
Commercial Workers Union**

Retail • Food • Hospitality • Healthcare • Security • Industrial • Office & Professional



# Don't forget to bid!

The Playhouse /  
Epic Books

The Capitol Bar

Hamilton Conservation  
Authority

The Reloved Boutique /  
Smalls Coffee

Catch Barton  
& Sherman Street  
arts & culture.



A great night  
out at your  
east end  
local.



Explore local  
trails and  
epic views.



Sip a coffee  
and shop for  
treasures on  
James Street.



Architect Hair Design /  
The Dirty South

Clean up,  
then eat dirty  
(or visa versa.)



Dundurn Market

Freshen up  
your fridge  
and feast  
well.



New Hope Bikes /  
Grandad's

Grinding your  
gears? We'll  
get you  
rolling.



Into the Abyss

Sink into  
some Locke  
Street vinyl  
bliss.



**WAHC's SAM 25 silent auction is stocked with packages from some of our favourite local spots! Bid early and often between Nov 6th - Nov 30th!**



## Check out our new tote bags!



To celebrate our 25th anniversary, WAHC commissioned three artists to illustrate our three core values of dignity, equity, and solidarity. Marlene Yuen, Chelsea Charles, and Michael DeForge's illustrations have been printed on union-made postcards and tote bags. Purchase a tote bag and receive a free postcard with your order!

# Kat's Mac & No Cheeze Sauce

From Kat Williams

This is a refreshing twist on a the classic noodle dish.  
Guaranteed to delight vegans & omnivores alike!

**5 cups water**  
**1 large carrot**  
**1 med yellow onion**  
**1 large yukon/white potato**  
**1/2 cup butter OR Earth Balance margarine**  
**1/2 cup nutritional yeast**  
**1/2 tsp tumeric**  
**2 tsp salt, more to taste**

*See end note for pasta prep!*



## **Instructions:**

1. Peel potato and dice. Dice the onion and carrot as well.
3. Add all diced vegetables to a sauce pot filled with 5 cups of water and bring to a rolling boil. Cover and reduce temperature to min heat and simmer veggies for 15 minutes.
4. Add butter/margarine and salt to pot to melt.  
*(Do not discard the water!)*
5. Once butter/margarine is melted, remove pot from heat and add the tumeric and nutritional yeast.
6. Use an immersion blender to blend until smooth  
(approx 2 min.)

**This mac & no cheeze sauce can be served over 500g of your favourite prepared pasta, but also does well served over loaded baked potatoes or as a substitute to a cheese dip!**

Share your #ButtonStory with us on social media!

# Button Stories



"My work at the CLC and in the community has always been informed by an anti racist and gender lens. I feel privileged to have learned from so many amazing women and leaders in Racialized communities. These lessons helped a great deal during the negotiations of an ILO Convention that deals with Violence and Harassment in the World of Work. I have never seen this Black Panther button but I love it. The button serves as a reminder of what we are trying to eradicate at a time when both of these issues seem to be on the rise rather than the decline."

- Marie Clarke Walker

**Secretary-Treasurer of Canadian Labour Congress**

"As a child raised by pacifists this message rings true to my childhood – and I would have proudly worn this button as a kid!"

- Dave Hauch

**Long Term Care Coordinator, CUPE**



As a teenager heavily into the emerging punk and ska scenes, I used to wear a green army-surplus coat covered in buttons, including ones like this from Rock Against Racism. Bands like The Clash, Stiff Little Fingers, & The Specials had a big influence on my musical and political development. This button also speaks to me of the ways today's labour movement needs to keep pushing to work in league with other social justice causes who might not have been traditionally involved with unions.

- Rob Kristofferson

**Wilfred Laurier Professor / WAHC Board Member**



# 2020 Milestones

## Workers' City Relaunch



One of WAHC's groundbreaking digital history projects is back with new dynamic content! Workers' City has a new look and a mobile friendly website! We have also debuted a new contemporary series, Covid Chronicles, which features the stories of essential workers during the pandemic.

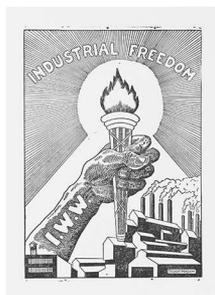
## Essential Workers Banner Making Kits

WAHC celebrated Labour Day by partnering with The Atkinson Foundation to create take home banner making kits highlighting the labour of essential workers. We distributed over 50 kits across 3 provinces and shared our creations on social media.



## Labour Arts Zoom Live Streams

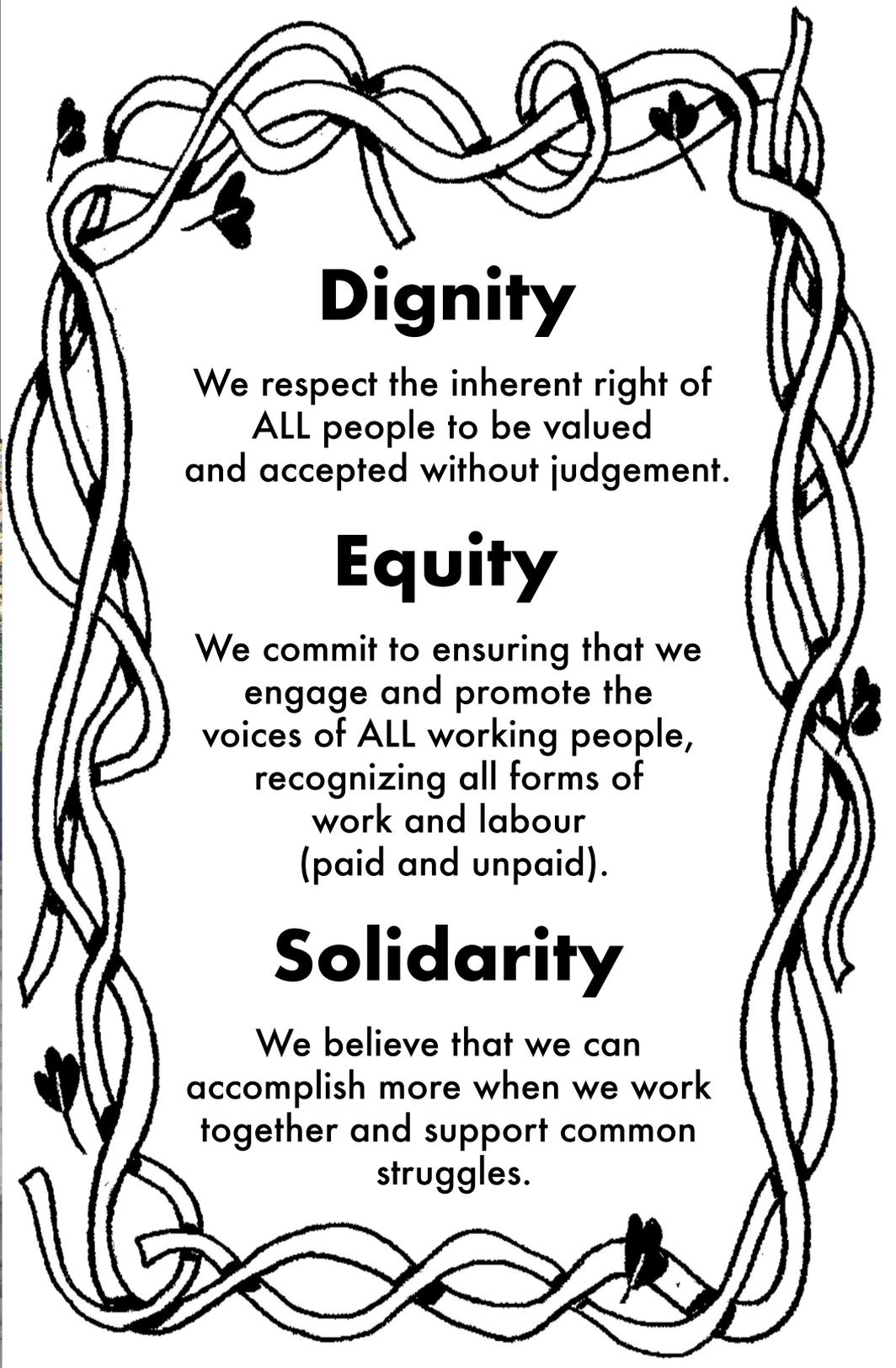
WAHC debuted an ongoing series of live stream discussions which have featured a variety of topics related to our exhibitions, labour history, and arts and culture have been a big success! In particular, our digital conversations on the history of the IWW and Black Canadians' Contributions to Labour were attended by over 250 people from across the world.



## New Exhibitions at WAHC



WAHC has remained committed to its ambitious programming schedule while navigating shifting boundaries and respecting public safety during this uncertain year. We've programmed 5 incredible shows in our 2 gallery spaces throughout 2020, supplemented by digital auxiliary programming.



# **Dignity**

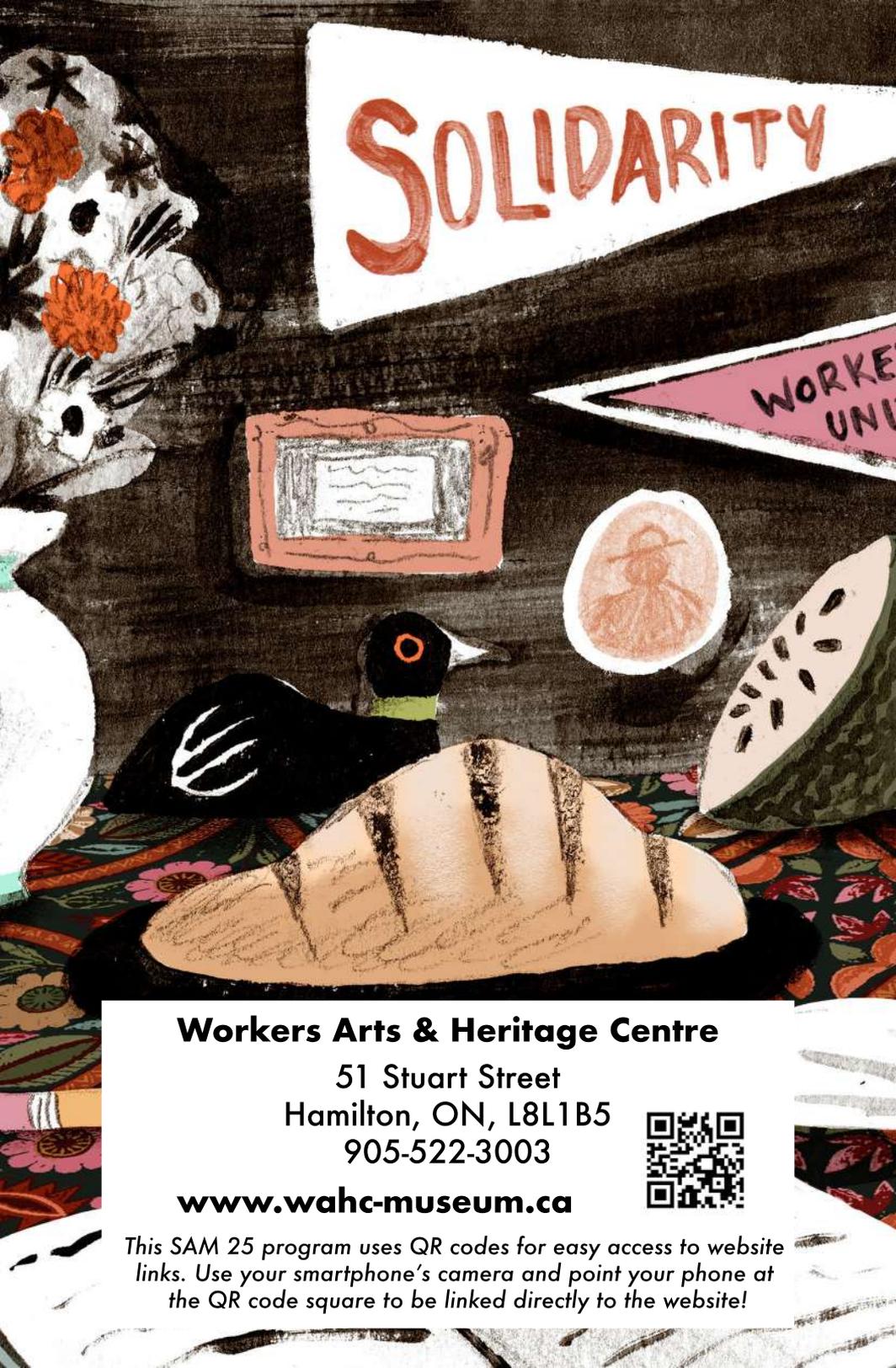
We respect the inherent right of  
ALL people to be valued  
and accepted without judgement.

# **Equity**

We commit to ensuring that we  
engage and promote the  
voices of ALL working people,  
recognizing all forms of  
work and labour  
(paid and unpaid).

# **Solidarity**

We believe that we can  
accomplish more when we work  
together and support common  
struggles.



SOLIDARITY

WORKER  
UNI

## Workers Arts & Heritage Centre

51 Stuart Street  
Hamilton, ON, L8L1B5  
905-522-3003

[www.wahc-museum.ca](http://www.wahc-museum.ca)



*This SAM 25 program uses QR codes for easy access to website links. Use your smartphone's camera and point your phone at the QR code square to be linked directly to the website!*